

MN CONGRESS SCHEDULE

Room	Sat 2:00	Speaker
Regancy	Are YOU ready to teach? Who are you? Who are They? Ages and Stages of Child Development. Teach appropriate skills (activity)	Linda/Brant
Stockholm/Oslo	Vault - Building Speed and vault warm ups	Farden
Conf. Room D	Recruiting for Coaches	Graba
Conf. Room E	Returning from Injury - Keeping their "Head in the Game"	Windee
Helsinki/Elsinore	Xcel Leap and Jumps	Kylie
Room	Sat 3:15	Speaker
Regancy	Class Management. Are you in control? Things staff should know (activity)	Linda/Brant
Stockholm/Oslo	Yuri Vaults up to 2/1 Twist & Yuri 1/2 ons	Baker
Conf. Room D	Recruiting for Athletes & Parents	Graba
Conf. Room E	Sneak Peek: 2029-2037 Compulsory Elements	Windee
Helsinki/Elsinore	New Artistry Deductions L6-10 & Xcel	Kylie & Karin
Room	Sat 4:30	Speaker
Mini Hops	Skill Choices - Bars PDS	Champoix
Regancy	Core Strength activities to add to class Pre/Rec. Everything should have a purpose with Linda and Brant	Linda/Brant
Stockholm/Oslo	Beam - Conquering the Fear of Big Beam Skills	Whitney
Helsinki/Elsinore	Bars: Blinds and Single Bar Releases	Farden
Conf. Room E	Sports Psych for Parents	Windee
Conf. Room D	Common Deductions for L3-5 & Silver Vault	Amanda & Kelly
	Social Gathering - 5:30-7:00	
Room	Sun 8:00am	
Conf. Room D	NAWGJ Meeting	
Room	Sun 9:00am	
Regancy	Dev and Xcel Update	Linda/Windee
Room	Sun 10:15	Speaker
Mini Hops	Vault Twisting	Champoix
Mini Hops	Parent & Child Classes. Make it a Partner Class. How to get the parents excited and involved.	Linda
Stockholm/Oslo	Bars - Conditioning and Shaping	Baker
Regancy	Beam - Leaps, Jumps, Dismounts	Whitney
Helsinki/Elsinore	Individual Motivational Orientations- Why they Matter in the Gym	Windee
Conf. Room D	Level 8 - New COP.	Holly & Courtney

Room	Sun 11:30	Speaker
Mini Hops	Perception is Everything. Who is watching? The owner, the parent, the other staff, the children. What do they see? With Brant	
Regancy	Bars - Paks and Overshoots	Baker
Helsinki/Elsinore	Keeping Practices Spicy and Innovative	Windee
Conf. Room D	Team Planning/Goal Setting	Whitney
Stockholm/Oslo	Level 9 - New COP VT &	Linda/Silvia
	LUNCH BREAK 12:30-2:00	
Room	Sun 1:30	Speaker
Mini Hops	Clear Hips	Champoix
Mini Hops	What can you teach on bars for Preschool/Rec that they can accomplish?	Thorberg
Regancy	Beam - Getting Creative with Beam Complexes	Whitney
Helsinki/Elsinore	Floor WU & Concepts	Farden
Stockholm/Oslo	Level 9 - New COP UB & BB	Windee/Silvia
Room	Sun 2:45	Speaker
Mini Hops	Beam should not be Boring, preschool to Rec to games for camps, parties, etc. with Linda	
Helsinki/Elsinore	Vault - Hand Fronts and Tsuks	Baker
Stockholm/Oslo	Level 10 - New COP UB & FX	Windee/Donna
Room	Sun 4:00	Speaker
Mini Hops	Hey! That is a Good Drill!	Champoix
Mini Hops	Break it Down Tumbling	Lutska
Helsinki/Elsinore	Floor Advanced Tumbling	Farden
Stockholm/Oslo	Level 10 - New COP VT & BB	Linda/Donna

AT MINI HOPS
AT HOTEL